



# MORTAL MAN

EVERYTHING YOU IMAGINED AN ENGLISH INN COULD BE

FOOD SERVED ALL DAY. PLEASE ORDER YOUR DRINKS FROM THE BAR

## NIBBLES 3.95

- MARINATED OLIVES (V)
- CHIPOLATAS WITH MUSTARD MAYO
- WHITEBAIT WITH PAPRIKA MAYONNAISE
- PORK CRACKLING WITH APPLE SAUCE
- BREAD & OILS (V)
- FOR TWO 3.95 FOR FOUR 4.95

## STARTERS

- SOUP OF THE DAY 5.95  
served with freshly baked bread.
- HADDOCK & CHEDDAR FISHCAKE 6.95  
with a chive, mustard & cheese sauce.
- SMOKED SALMON ROULADE 7.95  
with toasted brioche and pickled cucumber.
- CURRIED BUBBLE & SQUEAK 6.95 (V)  
oven baked new potatoes, cabbage and onion topped with a curry sauce and poached egg.
- FISH CHOWDER 8.50  
haddock & smoked salmon in a traditional cream sauce with peas & potato. Served with bread.
- MEDITERRANEAN MEZE 6.95 (V)  
feta, olives, sunblush tomatoes, roasted peppers and houmous, served with home-made flatbread

## SANDWICHES

Only served until 5pm

ALL SANDWICHES SERVED ON WHITE OR BROWN BLOOMER BREAD WITH SIDE SALAD AND COLESLAW

- THICK CUT HAM 6.25  
with wholegrain mustard.
- MORTAL MAN CLUB SANDWICH 8.95  
Triple decker with chicken, bacon, tomato and salad.
- MATURE CHEDDAR 6.25  
and apple cider chutney.
- SMOKED SALMON 7.95  
with cream cheese & cucumber.
- POSH BATTERED FISH FINGERS 7.95  
tartar sauce, leaves and gherkins.
- ADD CHIPS 2.50
- ADD A MUG OF SOUP 2.95

## SIDE ORDERS 3.50

- HAND CUT CHIPS
- BACON & CREAMED SAVOY CABBAGE
- BROCCOLI, ALMOND & HOLLANDAISE
- HOUSE SALAD
- BEER BATTERED ONION RINGS
- TRUFFLE OIL & PARMESAN SWEET POTATO FRIES
- GRAVY £1.45
- GARLIC BREAD (ADD CHEESE 75P)

## SALADS

- CHICKEN CAESAR SALAD 13.95  
Lettuce, croutons, parmesan cheese and caesar dressing.
- MEDITERRANEAN SALAD 11.95 (V)  
salad leaves, olives, feta cheese, grilled peppers, red onion and pesto dressing.

## SHARING PLATTERS

- PLOUGHMAN'S FOR 1 10.95 FOR 2 18.95  
wedges of local cheeses, Appleby Creamery Black Dub Blue, The Lake District Extra Mature Cheddar, Organic Eden Valley Brie, a slice of ham, apple, pork pie and piccalilli. Served with homemade bread and a dressed salad.
- FISHMONGERS FOR 1 12.95 FOR 2 21.95  
Miniature fish and chips, smoked salmon roulade, prawn cocktail, whitebait and haddock + cheddar fishcake. Served with homemade bread and a dressed salad.

## BURGER MENU

ALL SERVED IN A TOASTED BUN WITH CHIPS, COLESLAW, ONION RING & SALAD GARNISH

- MORTAL MAN BEEF BURGER 13.95  
100% steak mince lightly spiced, topped with bacon, tomato and Sally Birkett rarebit.
- PORK & PEAR BURGER 12.95  
topped with stilton cheese.
- PIRI PIRI CHICKEN BURGER 12.95  
chicken breast marinated in piri piri sauce, topped with cheese, tomato and fresh mayo
- BEETROOT & FETA BURGER 11.95 (V)  
topped with watercress & tzatziki dressing

## MAIN COURSES

- 10oz SIRLOIN STEAK 22.50  
served with chips, field mushroom, onion ring, roasted cherry vine tomatoes and a dressed salad.  
**Why not add one of our homemade sauces for £1.75?  
Choose from Peppercorn, Diane or Blue cheese.**
- GAMMON STEAK, 13.75  
served with chips, egg, roasted pineapple, roasted cherry vine tomatoes and a mixed salad.
- CUMBERLAND SAUSAGE 13.00  
with apple and mustard mash, fresh seasonal veg and onion gravy.
- PAN FRIED HAKE 15.95  
with green beans and sun blushed tomato in a cream sauce.  
Served with saute potatoes, peas and pak choi.
- LAMB KEBAB 13.95  
shredded lamb served with flat bread, salad, chips & minted yoghurt dressing.
- VEGETABLE KEBAB 11.50 (V)  
served with flat bread, salad, chips and minted yoghurt dressing.
- PIE OF THE DAY 13.50  
homemade pie of the day using local and seasonal produce, served with chips and seasonal vegetables.
- FISH & CHIPS 13.25  
beer battered fish, homemade chips, minted mushy peas and homemade tartare sauce.
- FISH CHOWDER 13.50  
haddock & smoked salmon in a traditional cream sauce with peas & potato. Served with bread.
- MUSHROOM & SPINACH CARBONARA 12.95 (V)  
Mushrooms, Spinach, Sunblush tomatoes with Tagliatelle in a garlic and cream cheese sauce

MORTAL MAN MENU

ALL OUR MEALS ARE COOKED TO ORDER AND DURING BUSY TIMES THIS MAY LEAD TO A WAIT.  
OUR FISH IS FROM SUSTAINABLE SOURCES, ALL OUR GAME MEATS ARE WILD, SOURCED LOCALLY AND MAY CONTAIN SHOT.

LOOK OUT FOR OUR EVENTS DURING THE WEEK  
TUESDAY MUSICIAN'S NIGHT · THURSDAY SPOKEN WORD NIGHT ·  
SUNDAY FOLK NIGHT

## DESSERTS

**STICKY TOFFEE PUDDING 6.25**  
served with a choice of ice cream,  
double cream or custard

**CREAMED VANILLA  
RICE PUDDING 6.50**  
with homemade jam

**WARM CHOCOLATE BROWNIE 6.95**  
served with berries and ice cream.

**ENGLISH LAKES ICE CREAM 4.95**  
**Choose 3 scoops from;**  
Vanilla, Thunder & Lightning, Lemon Sorbet Raspberry Ripple,  
Mint Chocolate Chip, Chocolate, Strawberry, Rum & Raisin

**WARM APPLE & WALNUT STRUDEL 6.95**  
with a choice of ice cream, double cream or custard

**PEAR & GINGER  
OR CHOCOLATE SPONGE 6.00**  
with clotted cream.

**ICE CREAM SUNDAE 6.95**  
**CHOCOLATE**  
chocolate, thunder&lightening, mint choc chip ice creams  
with chocolate brownie, whipped cream, chocolate sauce  
**FRUIT**  
blackcurrant,raspberry ripple,strawberry ice creams with  
fruit salad, whipped cream & strawberry sauce

## LAKELAND CHEESEBOARD 9.95

A SELECTION OF  
LOCAL CUMBRIAN CHEESES

**Appleby Creamery Black Dub Blue**  
Creamy blue veined soft cheese  
**The Lake District Dairy Co. Extra Mature**  
Cheddar matured for 14 months  
**Organic Eden Valley Brie**

Served with apple brandy chutney, grapes,  
celery, artisan biscuits and speciality bread.

## KID'S MENU

**MAINS 5.95**

**Chicken Burger** with chips and salad.

**Fish Goujons and Chips** with mushy peas.

**Sausage and Mash** with garden peas & onion gravy.

**Mozzarella Cheese Sticks** with cherry tomatoes and  
cucumber + carrot sticks

**DESSERTS 3.50**

**Sticky Toffee Pudding** served with ice cream.

**Chocolate Fudge Cake** served with ice cream.

**Ice Cream Selection** (2 scoops)  
*Choose From;* Vanilla, Raspberry Ripple, Chocolate,  
Strawberry and Mint Choc Chip.

## THE MORTAL MAN SUNDAY ROASTS ALL 12.95

**Served from 12 noon**

**Come Join us for Sunday Lunch -**

We use only the freshest local meats and ingredients to  
serve up our fantastic Sunday lunch.

ROAST BEEF

ROAST LAMB

ROAST CHICKEN

VEGETARIAN NUT ROAST (V)

ALL SERVED WITH ROAST POTATOES, FRESH SEASONAL  
VEGETABLES AND LARGE YORKSHIRE PUDDING.

WHY NOT TRY ONE OF OUR  
LIQUEUR COFFEES?

