

THE MORTAL MAN

BAR MENU

STARTERS

Chef's Special homemade Soup of the Day Served with a warm baguette and butter	...	£4.25
Chef's own Fish Chowder A popular choice consisting of: smoked salmon, haddock and king Prawns, in a cream sauce with onions, bacon and new potatoes, served with a warm roll	...	£6.75
Chicken Goujons Crispy strips of chicken in homemade beer batter served with salad and a sweet chilli dip	...	£5.45
Creamy Garlic Mushrooms A mixture of button and Wild mushrooms sautéed in garlic finished with white wine, cream and parsley served on garlic bread	...	£5.25
Chilli Mussels Steamed mussels in white wine, chilli and fresh parsley served With a warm roll	...	£5.45
Pate Homemade duck liver and smoked bacon flambéed with brandy and served with salad garnish and toast	...	£5.25

PUB CLASSICS

Bangers and Mash

Local Cumberland sausage with black pudding buttered mash potato served with onion gravy and side of vegetables ... £9.95

Lamb Henry

Marinated shoulder of lamb with mint then slowly braised with a bed of Dijon mustard mash potato and red currant gravy accompanied with fresh vegetables ... £13.45

Pie of the day

Please ask for today's pie, served with warm puff pastry, chips and vegetables ... £9.25

Sally Birkett's Hot Pot

Slowly braised lamb and spiced kidney, with sliced potatoes Served with pickled red cabbage and a crusty roll ... £9.45

Shepherds Pie

Lamb's Mince slowly cooked with tomatoes and beef stock topped with a buttered mash and baked in the oven served with garden peas ... £8.75

FISH

Salmon Supreme

Pan fried salmon supreme cooked with lemon and served on a bed of sautéed new potatoes and wilted Babygem ... £10.25

Fish and Chips

Beer battered haddock served with chips, mushy peas and tartare sauce ... £9.75

Scampi

Crispy fried scampi served simply with chips tartare sauce, lemon and a choice of salad, garden or mushy peas ... £8.95

PASTA

Chicken and Spinach Carbonara

Sliced chicken breast with tagliatelle and cooked in a creamy garlic, bacon and white wine sauce, finished with spinach and served with garlic bread ... £9.95

Homemade Beef Lasagne

Layers of mince beef cooked with garlic, tomatoes red wine and onions with lasagne sheets and béchamel sauce finished with parmesan shavings, and served with salad and garlic bread ... £9.25

Spaghetti Bolognese

Mince beef cooked in a rich tomato sauce finished with fresh basil served on a bed of spaghetti served with garlic bread ... £9.25

GRILLS

Mortal Man Mixed grill

4oz gammon, 4oz rump, lamb chop, black pudding, Cumberland sausage, grilled tomato, chips, fried egg and salad ... £17.45

Sirloin Steak

Flame-grilled prime 8oz. sirloin steak cooked to your liking served with chips salad and grilled tomato ... £14.95

Why not compliment your meal with one of our freshly Prepared house sauces? Choose from Pepper or Diane ... £2.00

Gammon

Pan fried 8oz half-moon Gammon served with chips, fried egg or pineapple and salad ... £9.95

Chicken Skewers

Marinated chicken in lemon and garlic accompanied with roasted mushrooms, peppers, onions and courgette served with sweet chilli sauce salad and chips ... £10.95

Beef Burger

100% 8oz beef burger in a toasted bun with lettuce and tomato served with chips and homemade coleslaw (why not add bacon and cheese) ... £8.45

Chicken Burger

Chicken breast burger coated in Cajun spice served in a soft bun with chips and coleslaw (why not add bacon and cheese) ... £8.45

VEGETARIAN

Wild Mushroom Risotto

A mixture of sautéed button and wild mushrooms with a splash of white wine, risotto rice and finished with parmesan cheese and fresh herbs ... £8.95

Onion Tart

A combination of onion, feta cheese, pine nut, black olive and cherry tomato puff pastry tart served with new potatoes and salad ... £8.95

Vegetable Stroganoff

Sautéed onion, mushrooms, peppers carrots in a brandy cream sauce finished with paprika and a mustard body served on herb risotto rice ... £9.25

SALAD

Chicken and Bacon Salad

Chicken and bacon Caesar salad served with crispy croutons and a Caesar dressing ... £8.95

King Prawn Salad

King prawns quick pan fried with chill and lime juice served on a bed of mixed leaves ... £8.75

Smoked Salmon

Smoked salmon accompanied with cucumber ribbons and lemon ... £8.25

SIDE ORDERS

Chips	£2.50
Panache of vegetables	£2.25
Dressed side salad	£2.25
Beer battered onion rings	£2.50
Garlic bread	£2.00
Jug of gravy	£0.80
Garlic bread with cheese	£2.50
Bread and butter (white or brown)	£1.00
Jug custard	£0.95
Extra cheese	£0.50
Bacon	£0.50

KIDS MENU

Beef Burger		
Beef burger chips and beans or peas	...	£4.50
Chicken Nuggets		
Chicken nuggets chips and beans or peas	...	£4.45
Fish Goujons		
Strips of haddock coated in batter served with chips beans or peas	...	£4.45
Kid's Pizza		
Cheese and tomato pizza served with chips and beans	...	£4.75
Sausage and Mash		
Two Cumberland sausages with mash potato, peas and gravy	...	£4.75
4oz Rump Steak		
Grilled rump steak cooked 'medium' served with chips and salad	...	£5.75
Sticky Toffee Pudding		
Warm sticky toffee pudding with treacle sauce and ice cream	...	£2.50
Trio of Ice Cream		
Choose from Chocolate, Vanilla or Strawberry and served with chocolate sauce	...	£2.50
Hot Chocolate Fudge Cake		
Served with Ice Cream	...	£2.95

DESSERT MENU

Sticky Toffee Pudding

Our best seller, warm sticky toffee pudding with a black treacle and golden syrup sauce served with choice of cream, ice cream or custard ... £4.75

Apple and Pear Crumble

Granny smith apples and pears cooked in a apple syrup finished with a crumble topping and served with choice of ice cream, cream or custard ... £4.75

Milk Chocolate and Tia Maria Cheesecake

Crunchy chocolate and biscuit base, filled with mascarpone and sweet cream with Milk chocolate and Tia Maria ... £4.75

Strawberries and Cream

Fresh strawberries with a sweet vanilla cream and homemade Shortbread ... £4.75

Ice-Cream

Your choice of strawberry, vanilla, chocolate, pistachio, raspberry ripple, rum and raisin ... £1.25
per scoop

Cheese and Biscuits

A selection of Cumbria cheeses served with a fresh salad garnish, and assortment of biscuits ... £4.75