

THE MORTAL MAN WALK GUIDE

A Variety of walks right
from our doorstep.
difficulty and lengths to
suite all.

Each Guide has a corresponding map that can be seen on your phone by scanning the QR Code. Sign up to All trails if you wish to view the maps in real time without internet.



½ Hour- Troutbeck Church Circular

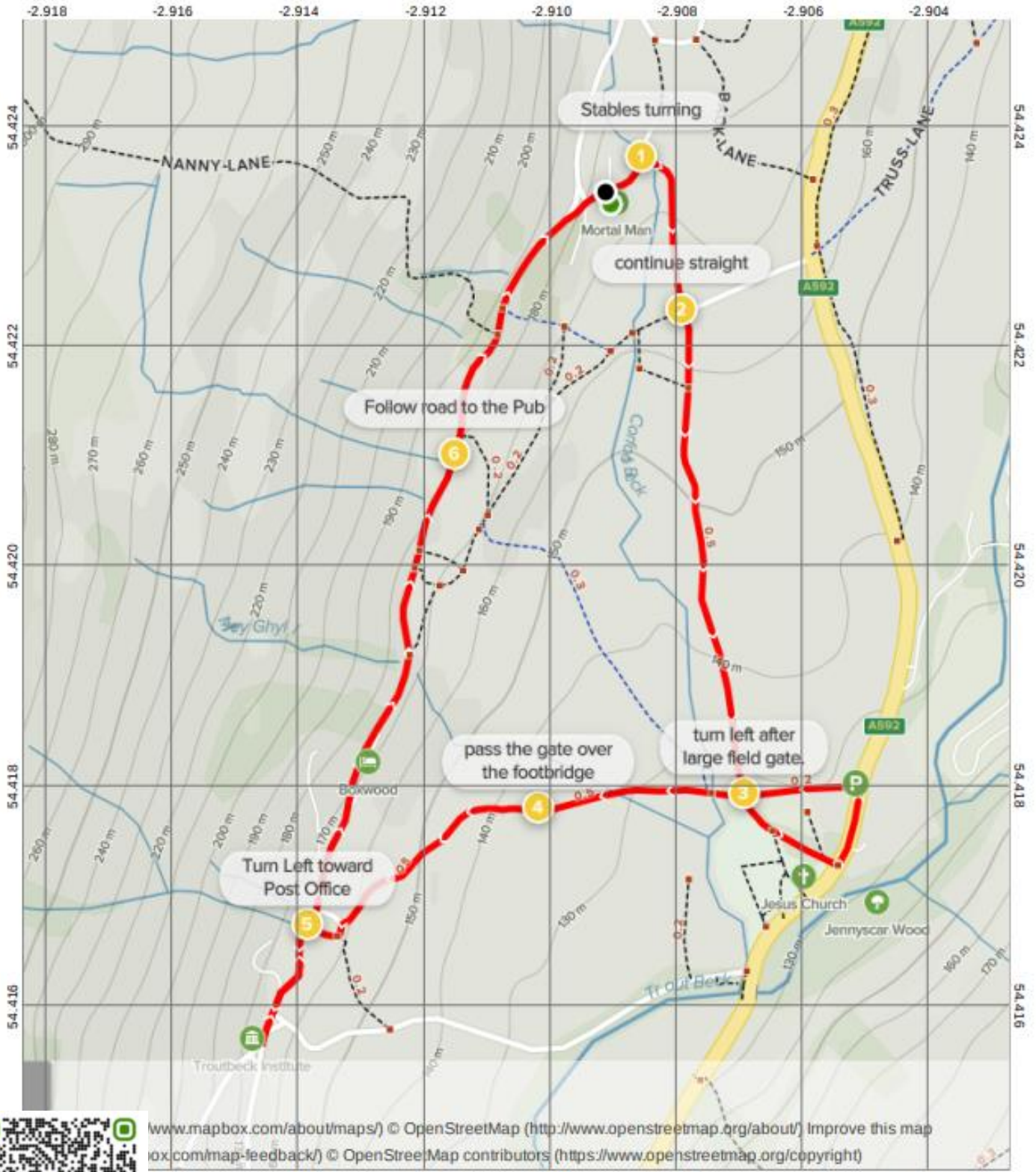
2 Hour- Troutbeck Tongue Circular

3 ½ Hour- To Brockhole lakeshore

4 Hour- Ambleside via Wansfell Circular

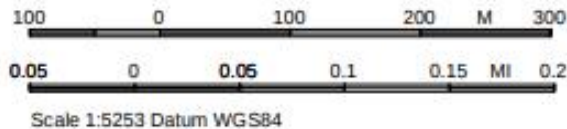
4 Hour – Troutbeck to Orrest Head Windermere.

Ask a member of staff for
a packed lunch order
form, and we can make
sure its ready for your
adventure in the morning.



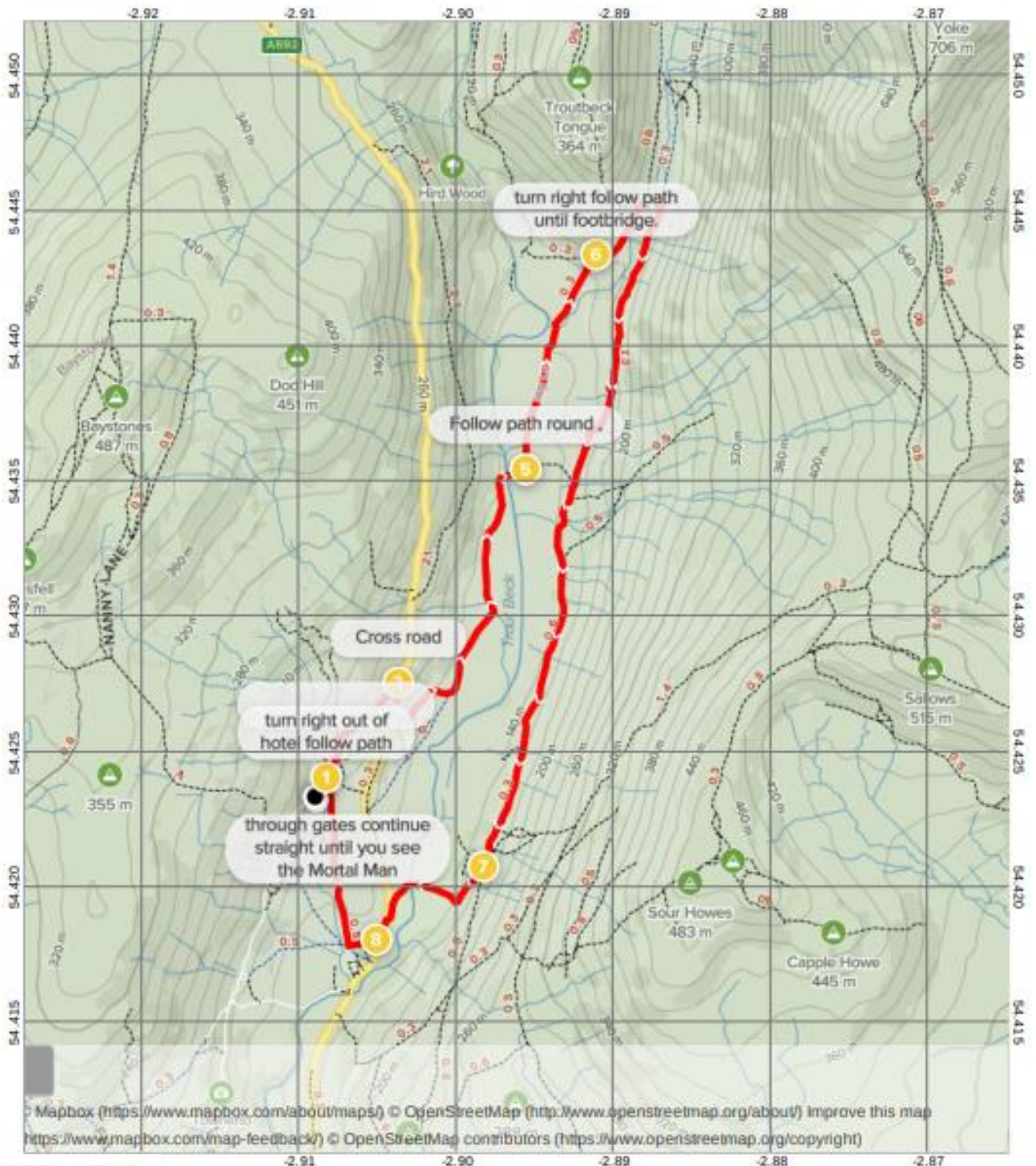
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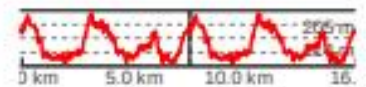


The Mortal Man to Jesus Church Circular (30-45 minutes)

1. Exit the hotel & turn right and walk down the road, Take the first right turning at the stables.
2. Further ahead at the crossroad follow the bridle path straight ahead follow the wooden sign (Church).
3. You will go through a series of gates and footpaths through a series of fields. Until you reach a large field gate. Go through and turn left towards the church.
4. For a longer route visiting Troutbeck village centre, return to the large field gate from earlier. Follow the footpath going past the gate on your right. And then over a small footbridge and gate to follow Anthony Gate path towards high fold B&B.
5. Once arrived at the main road turn left towards the old post office. And follow the main road until you reach the grass verge crossroad, and the Old Post office Café will be on your Right.
6. To return, turn back in the direction you came. Follow this main road for 0.6 miles walking through the village. Once you see the mortal man sign turn right down the hill and then grab yourself a drink and a bite to eat.

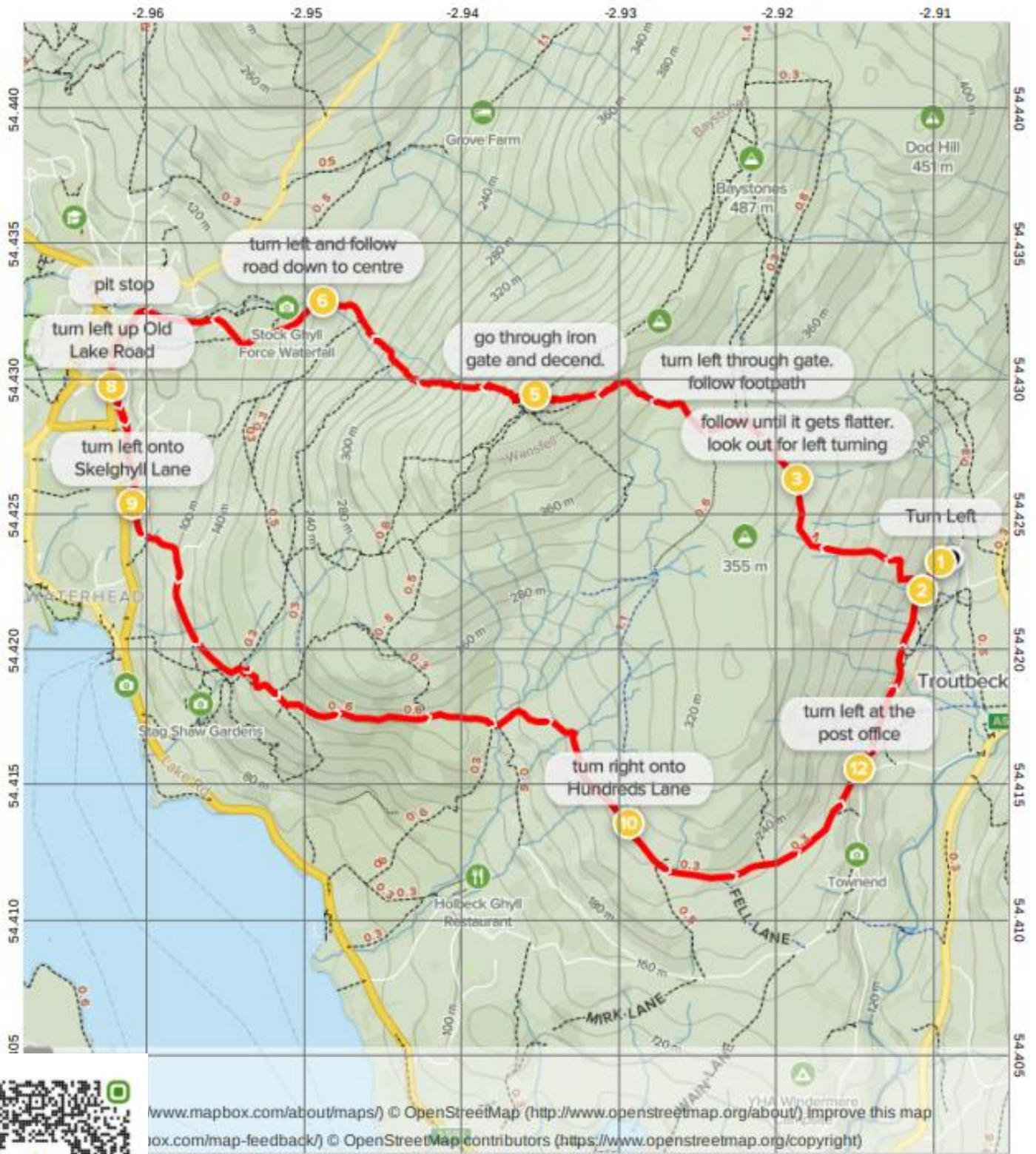


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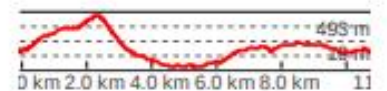
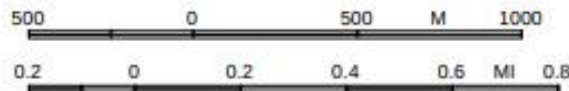
The Mortal Man to the Tongue Circular (2 Hour)

1. Exit the hotel and turn right down the hill, follow the road straight ahead past a series of cottages.
2. You will meet a cul-de-sac, here make a slight right and follow the path round the back lane until you meet Scot brow. Turn right again and follow down Townhead brow.
3. Once down the steep road, you will meet the main road (A592). Cross over the road and to the left there will be a road leading down to a group of houses. (Look for 20mph speed limit signs).
4. Follow path round until you see a Footpath sign pointing left. Follow this path downhill going past the barns, sheep fields, then eventually over the footbridge.
5. Continue round the bend, through a large gate until you meet a large field to your right with a wooden sign pointing footpath you your right. Walk through sheep field until you go through a gate.
6. Turn right and follow the stone path round the corner and then cross the footbridge over Hogg gill. Once on the other side of the valley turn right.
7. Return down the other side of the valley until you reach a crossroad where you will take a slight right path going downhill which will come out at the Haybarn Inn at Limefitt Park.
8. Go through the centre of the caravan park over the bridge and past their reception toward the exit, you will then meet the main road (A592).
9. Turn left at the main road and cross over just before the church where a footpath will appear. Turn right down the footpath and continue until you reach a large field gate on your right.
10. Turn right through the large field gate, follow the footpath uphill through a series of fields and gates, until you reach a crossroad where you will continue straight and begin to see the Mortal Man to your left.
12. At the stables turn left and you will be ready for a well-deserved pint or two.



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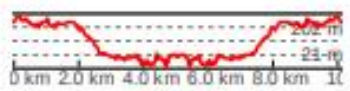
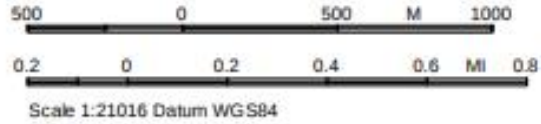
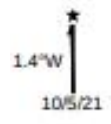


To Ambleside via Wansfell pike Circular. (4 hours)

1. Exit the hotel turn left out of the hotel and left again at the grass verge.
2. Follow the road until you see a large fence gate to your right. Go through and follow the stone pathway upwards toward Wansfell.
3. This footpath is quite steep at the beginning winding up the fell yet begins to plateau towards the top. once the path becomes flatter you will meet an iron gate and signage to your left.
4. Turn left through gate and follow the footpath upwards to Wansfell Pike. You will begin to see stunning views of Lake Windermere the higher you go.
5. Once reached the peak take your pictures, have a quick pitstop and give yourself a pat on the back you've done the hard part. When you're ready, descend the other side going through the iron gate. Follow this footpath descending stone steps towards Ambleside.
6. Eventually, you will be beside a river where you will meet a road with a power station. Turn left and follow this road down into Ambleside town centre. Passing houses on your left and the river on your right.
7. Once in the town centre, you can pit stop at the public toilets and find somewhere to eat, drink, and dry off.
8. To return pass the White Lion Pub on the main road heading south out of Ambleside centre. Pass the petrol station and Chinese takeaway and take the first left up Old Lake Road.
9. Follow the road and then turn left onto Skelghyll Lane follow the main path through the forest area passing Jenkins Crag. Thereafter you will join hundreds Road.
10. Turn right down Hundreds Road onto Robin Lane that will take you into Troutbeck centre at the Old Post Office.
11. Turn left and follow the road through the village until you see the Mortal Man sign. And turn right into the Bar entrance.

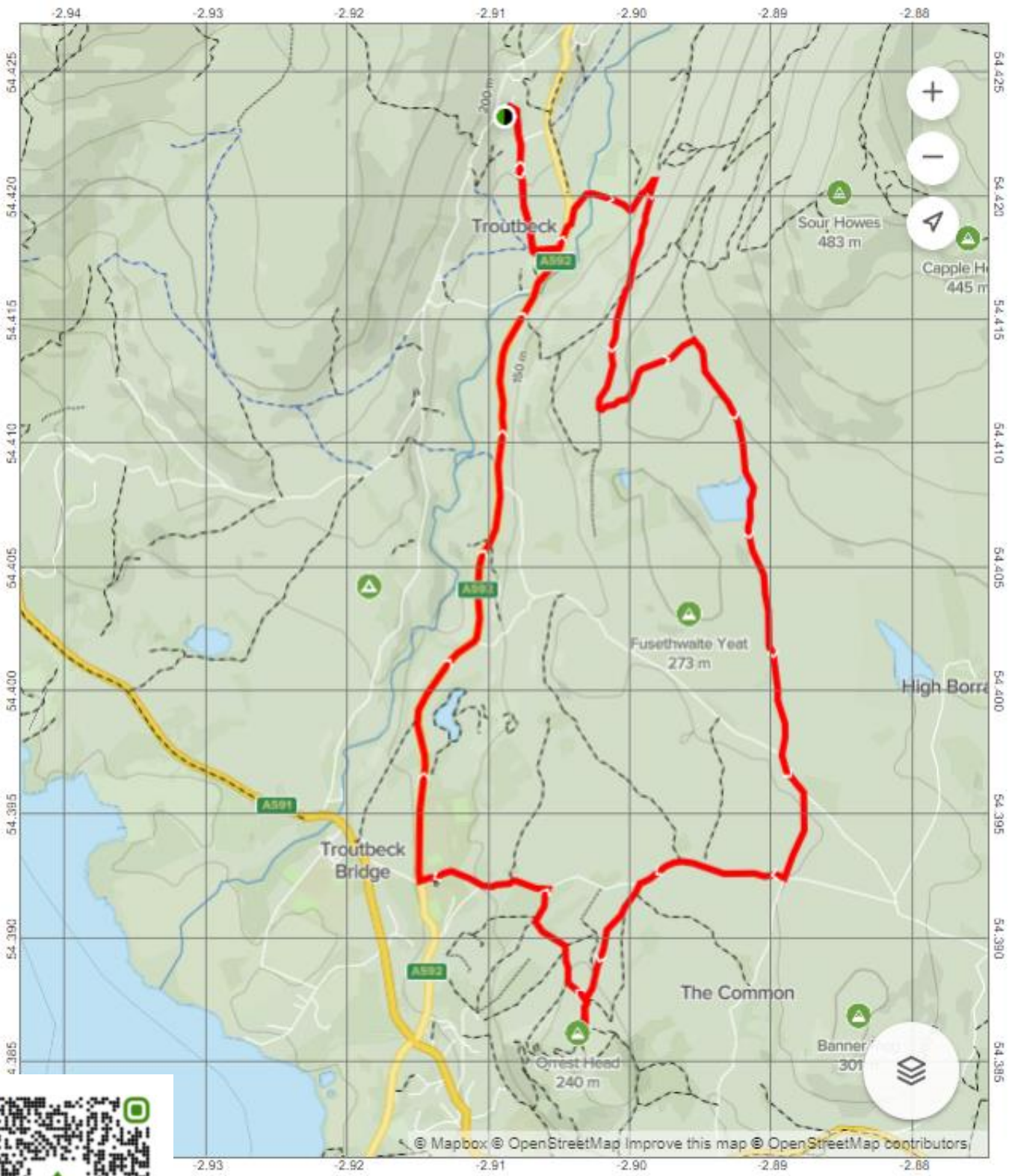


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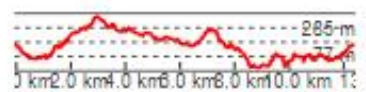
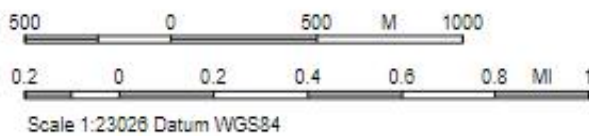


The Mortal Man to Brockholes Lakeshore (3 Hour)

1. Exit the hotel and turn left onto the main road. Follow the road through the village passing the post office and Townend.
2. When you come to the fork in the road (left Turn to Troutbeck bridge or bear right to Ambleside). Stay right and follow the road until you see a car parking area where the road bends to the right.
3. See the second footpath sign on your left next to the car park area. Follow Wain Lane passing Bowscale Tarn on your right and eventually meeting the main road (A591).
4. Cross over the main road and turn right following the footpath past the bus stop until you see signs for Brockhole Adventure Park. Turn left and walk to the bottom of the car park.
5. Whilst at Brockhole you could have a picnic eat food from their café's or use their facilities such as paddleboarding, boat hire and zip wires.
<https://www.brockhole.co.uk/> Follow the path round to the lakeshore and loop back out of the resort. Return the way you came.



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The Mortal Man to Orrest Head

1. Turn right out of the hotel and take the first right turning past the stables.
2. Follow the Bridal path and continue straight ahead at the crossroad.
3. Continue through a series of gates until you reach a large gate. Go through and turn left.
4. Once you meet the main road turn left and cross over the road to Limefitt Park.
5. Go through the centre of the caravan park up and behind the haybarn inn.
6. Continue up the footpath until you can turn right back on yourself.
7. Bear left and continue until you arrive at a farm gate to your left. Go through the field following the windy path until it joins Dubbs road.
8. Turn right and continue down dubs road and pass Dubbs Reservoir.
9. Once you meet Moorhowe Road turn left and take an immediate right.
10. Continue and take the first right turning. Continue straight until you reach the peak of Orrest head.
11. Once at Orrest head you may walk down into the centre of Windermere here are a few places to visit.
Orrest head bar, The Queens and Crafty Baa.

WHERE TO GO?

Brockhole Adventure Park

Water sports at Lowwood bay

Lowwood Spa

Wordsworth museum

Visit Keswick

Visit Windermere/ Bowness on Windermere

Visit Ambleside

Buttermere for peaceful walk out of the way

Visit Kirkstone Pass for stunning views

Grasmere for their famous gingerbread

Visit Grizedale Forest for a walk or zipwire

Shopping in Kendal

Pony Trek Rides at Limefitt Park

Cinema in Bowness

Please ask a member of staff for help with these walking guides or for any local information & recommendations.

