



## BRUNCH & LUNCH MENU:

10:30AM - 3PM (EXCLUDING SUNDAYS)

### BACON BARM

3 rashes of back bacon on a Lovingly Artisan sourdough roll 7.95

### SAUSAGE BARM (VEO)

traditional Cumbrian sausage on a Lovingly Artisan sourdough roll 7.95  
[VEGAN SAUSAGE AVAILABLE]

### BREAKFAST BARM

sausage, bacon, fried egg, black pudding & mushroom on a Lovingly Artisan sourdough roll  
(GFO) 11.95

### MORTAL MAN BREAKFAST

Cumberland sausage, black pudding, back bacon, choice of fried, scrambled or poached  
egg, beans, grilled tomato, mushroom & Lovingly Artisan toast (GFO) 15.95

### VEGETARIAN BREAKFAST

vegan sausage, grilled halloumi, choice of fried, scrambled or poached egg, beans, tomato,  
mushroom & Lovingly Artisan toast (V, GFO, VEO) 15.95

(add egg 1.50/ add bacon 2.00)

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### SOUP OF THE DAY

with a smoked cheese scone (VEO, GFO) 8.95

### CREAMY MUSHROOMS

in a smoked bacon, garlic & brandy cream baked with smoked applewood cheese & a slice  
of Lovingly Artisan bread (VO & VEO) 10.95

### MORTAL MAN BURGER

locally sourced beef and smoked bacon burger, house pickles, burger sauce with slaw &  
skin on fries 19.95

-add cheese 1.50

-add bacon 1.50

[VEGAN BURGER ALTERNATIVE (VE)]

### FISH & CHIPS

today's selection of freshly caught fish, served in a light & crispy batter with triple cooked  
chips, a side of minted mushy peas & tartare sauce (GF) 21.95



## BRUNCH & LUNCH MENU CONT:

10:30AM - 3PM (EXCLUDING SUNDAYS)

### HOT SANDWICHES (GFO).

(served on Lovingly Artisan bread with fries, coleslaw & a salad garnish)

#### HOT HALLOUMI

spicy halloumi with caramelised onion, fresh greens, tomato & sweet chilli mayo (V) 13.50

#### ROAST BEEF

melted cheese, caramelised onion & dipping gravy 14.50

#### LIGHTLY BATTERED FISH

served with homemade tartar sauce 15.50

### COLD SANDWICHES (GFO).

(served on Lovingly Artisan bread with coleslaw, crisps & a salad garnish)

HUMMUS, ROASTED PEPPERS & CAMELISED ONION  
with wild rocket & a drizzle of balsamic glaze (VE) 12.50

BLT - BACON, LETTUCE & TOMATO 13.50

CHICKEN CAESAR SALAD 13.50

Add a cup of our  
soup of the day  
(VEO, GFO) 3.00

### SIDES

(GFO,V, VEO)

LOVINGLY ARTISAN BREAD & BUTTER 3.50

SKINNY FRIES 4.95

HOUSE SALAD 4.95

GARLIC CIABATTA  
5.50  
(add cheese for 1.00)

TRIPLE COOKED CHIPS 5.50  
(add cheese for 1.00)

CHIPS OF THE NORTH  
chips, grated melted cheese & gravy (VO) 7.00

HOMEMADE GRAVY (VEO) 2.50



## EVENING MENU

Monday - Thursday:

5pm - 8pm

Friday – Saturday:

5pm - 8:30pm

Please note: Sunday has a special roast dinner menu.

### DIETARY REQUIREMENTS

**\*Please inform a member of staff of any dietary requirements\***

GF= gluten free & GFO= gluten free option available (please request)

V= vegetarian & VO= vegetarian option available (please request)

VE= vegan & VEO= vegan option available (please request)

DF= dairy free & DFO= dairy free option available (please request)



## **EVENING MENU**

5PM - 8PM (EXCLUDING SUNDAYS)

### **STARTERS**

SOUP OF THE DAY

served with a smoked cheese scone (VEO, GFO) 8.95

CREAMY MUSHROOMS

in a smoked bacon, garlic & brandy cream baked with smoked applewood cheese & a slice of Lovingly Artisan bread (VO & VEO)  
10.95

TOMATO & FETA BRUSCHETTA

fresh tomatoes tossed with onion, basil & balsamic on a garlic & herb bruschetta (V, VEO, GFO) 10.95

SALT & PEPPER CHICKEN

crispy, bite-sized pieces of chicken tossed in a fiery salt-and-pepper seasoning, flash-fried with fresh chilies, pepper, and sweet onions (GF, DFO) 11.95

[TOFU ALTERNATIVE (VE, GF) 10.95]

PORK BELLY RIBS

in a sticky BBQ sauce & slaw (GF) 12.95

### **MAINS**

30 DAY AGED RIBEYE STEAK

confit mushroom & tomato & triple cooked chips with peppercorn sauce (GFO) 36.95

VENISON AU POIVRE

roasted Hasselback potato, creamed cabbage & bacon in a peppercorn sauce (GF) 24.95

STUFFED CHICKEN IN PARMA HAM

stuffed with spinach & sundried tomatoes on a bed of 5 bean cassoulet with chorizo  
(GF) 22.95

### **CLASSICS**

MORTAL MAN BURGER

locally sourced beef & smoked bacon burger, house pickles, burger sauce with slaw & skin on fries 19.95

-add cheese 1.50

-add bacon 1.50

[VEGAN BURGER ALTERNATIVE (VE)]

TRADITIONAL CUMBERLAND SWIRL

mustard mash, beer onion gravy & garden peas 20.95

[VEGAN SAUSAGE ALTERNATIVE (VE)]

FISH & CHIPS

today's selection of freshly caught fish, served in a light & crispy batter with triple cooked chips, a side of minted mushy peas & tartare sauce (GF) 21.95

PROPER PIE OF THE DAY

triple cooked chips & seasonal vegetables 21.95

[VEGAN ALTERNATIVE (VE)]



## **EVENING MENU CONT.**

5PM - 8PM (EXCLUDING SUNDAYS)

### **SIDES**

(GFO, V, VEO)

GARLIC CIABATTA 5.50  
(add cheese for 1.00)

TRIPLE COOKED CHIPS 5.50  
(add cheese for 1.00)

SEASONAL VEGETABLES 4.95

SKINNY FRIES 4.95

HOUSE SALAD 4.95

LOVINGLY ARTISAN BREAD & BUTTER 3.50

HOMEMADE GRAVY (VEO) 2.50

### **SMALL PORTIONS** (GFO)

HOMEMADE CHEESEBURGER  
with burger relish, tomato, lettuce & fries (GFO) 9.25

CHICKEN GOUJONS  
chips, peas or beans (GFO) 8.95

FISH BITES & CHIPS  
peas or beans (GFO) 8.95

SAUSAGE & MASH  
2 traditional sausages, creamy mash, peas & gravy 8.95

### **HOMEMADE DESSERTS**

PASSIONFRUIT MARTINI CREME BRULEE  
with a shortbread biscuit (V, GFO) 11.95

RASPBERRY BAKED CHEESECAKE  
served with lemon sorbet & a shortbread biscuit crumb (V) 10.95

#### **CLASSICS**

APPLE & MIXED BERRY CRUMBLE  
served with warm custard or vanilla ice cream (V, VEO, GF) 9.95

CHOCOLATE BROWNIE  
with vanilla ice cream (GF) 9.95

MORTAL MAN STICKY TOFFEE PUDDING  
with vanilla ice cream (GF, DFO) 9.95

#### **ICE CREAM SELECTION:**

vanilla, chocolate, strawberry, mint choc chip or thunder & lightning (V, GF)  
1 scoop 2.95 | 2 scoops 4.95 | 3 scoops 6.95

Our butchers & bakers are  
locally sourced and we always  
try our best to buy local &  
independent



\*Please inform a member of staff of any allergy or dietary requirements\*



## **SUNDAY MENU:**

12PM - 8PM

### **STARTERS**

#### SOUP OF THE DAY

served with a smoked cheese scone (VEO, GFO) 8.95

#### CREAMY MUSHROOMS

in a smoked bacon, garlic & brandy cream baked with smoked applewood cheese & a slice of Lovingly Artisan bread (VO & VEO) 10.95

#### TOMATO & FETA BRUSCHETTA

fresh tomatoes tossed with onion, basil & balsamic on a garlic & herb bruschetta (V, VEO, GFO) 10.95

#### PORK BELLY RIBS

in a sticky BBQ sauce & slaw (GF) 12.95

### **MAINS**

#### SUNDAY ROAST

roast potatoes, roast carrot, steamed vegetables, carrot & swede purée, rich gravy & a Yorkshire pudding (VEO, GFO) 21.00

#### STUFFED CHICKEN IN PARMA HAM

stuffed with spinach & sundried tomatoes on a bed of 5 bean cassoulet with chorizo (GF) 22.95

#### CLASSICS

#### MORTAL MAN BURGER

locally sourced beef & smoked bacon burger, house pickles, burger sauce with slaw & skin on fries 19.95

-add cheese 1.50

-add bacon 1.50

[VEGAN BURGER ALTERNATIVE (VE)]

#### FISH & CHIPS

today's selection of freshly caught fish, served in a light & crispy batter with triple cooked chips, a side of minted mushy peas & tartare sauce (GF) 21.95

#### PROPER PIE OF THE DAY

triple cooked chips & seasonal vegetables 21.95

[VEGAN ALTERNATIVE (VE)]



## **SUNDAY MENU CONT.**

12PM - 8PM

### **SMALL PORTIONS**

HOMEMADE CHEESEBURGER  
with burger relish, tomato, lettuce & fries (GFO) 9.25

CHICKEN GOUJONS  
fries, peas or beans (GFO) 8.95

FISH BITES  
fries, peas or beans (GFO) 8.95

MINI ROAST DINNER  
with roast potatoes, roast carrot, steamed vegetables, carrot & swede purée,  
rich gravy (VEO, GFO) 12.95  
-add Yorkshire pudding for 1.50

### **SIDES**

(GFO,V, VEO)

LOVINGLY ARTISAN BREAD & BUTTER 3.50

SKINNY FRIES 4.95

HOUSE SALAD 4.95

GARLIC CIABATTA  
5.50  
(add cheese for 1.00)

TRIPLE COOKED CHIPS 5.50  
(add cheese for 1.00)

HOMEMADE GRAVY (VEO) 2.50